

MEMBER NATIONAL NEGA-) PRESS ASSOCIATION.

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IMPORTANT.

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***** THE DALLAS EXPRESS

has never hoisted the white feather, neither has it been disgraced by the yellow streak. It is not afflicted with the flannel mouth. It is a plain, every day, sensible, conservative newspaper, which trims no sail to catch the passing breeze; flies no doubtful flag: It professes a patriotism as broad as our country. Its love of even handed justice covers all the territory occupied by the human race. This is pretty high ground, but we live on it and are prospering. Boys of the press come up and stand with us. This ground is holy,

W. E. KING.

ton Industrial and Training School. Wiley University, Milford High School, Ennis High School-

POPPY DAY.

Poppy Day has come and gone and in Dallas, as far as those heroes from among us were concerned, it passed without a single expression, a single mark of respect, a single tribute fitly paid to those black heroes who so galiantly gave their all

In Flanders Field their earthly remains now lie, but their spirit,— We doubt not but that they mock us-all too soon forgetful of our service flags and protestations of a abiding interest in those

Why did not our living public show, if even in a small way, that it was mindful of them? Why should now be truthfully said that we, who prate about a liberty due us because of their sacrifice, forget to honor them who so freely henored honor, bravery, courage and devotion of which even now we lustily

It was an omission for which we atl should feel blameworthy to the extent that we will guarantee that placed them, did their bit manfully and well. in future days we shall not again be found so lacking in the sense of gratitude to those from among us And wh who are deserving of our fullest

We should all take pleasure from shame. the fact that the graduating classes of our various schools and colleges stances does not make it necessary that our children leave school become bread-winners. This condishould cause us to think more in terms of helping to render such a case more nearly universal.

battles.

Why should a man pray God to has made the earth and He sends rain, but men must make plows and sow and reap their own harvests-

The poor condition of screens in our homes may be partly made up for by the vigorous use of fly utation for hospitality which should be carefully kept as it is, swatters. The children may well ombine business with pleasure in

It would be a blessing if every man might more closely view his own short-comings before scrutinising those of his neighbors.

Sure the Lily Whites are going to run the Republican Party if we don't learn to pay poll tax in greater

A hald head on a man is no surer a sign of old age that a short does in of a woman's youth,

HENRY GRADY AND THE PRESENT DAY.

Georgia has recently celebrated the anniversary of the birthday of Henry Grady, scholar, orator and thinker who in Reconsruction days did much to heal the wounds of war by his wonderful utterances.

Justly famous and deservedly perpetuated is his speech "The New South" in which, concerning the Negro, he said:

"The South with the North protests against injustice to this simple and sincere people. To liberty and enfranchisement is as far as the law can carry the Negro. The rest must be left to conscience and common sense. It should be left to those among speak for us, or by frank opponents. Faith will be kept with him in future if the South holds her reason and integrity.'

His was the voice of reason. He was in truth a friend of tion: humanity. And in view of the changes which fifty odd years Dear Sir:have brought about in the section of which he spoke, it is fitting that we again call attention to his belief in the "conscience and common sense of the South."

New York Office, Front and Front It is possible to note that in many ways his South has begun more fully to awake to its duty in this regard and the Negro to Building. It is possible to note that in many ways his South has begun live, and the unfit are weeded out. his part in this peculiar situation.

Often all concerned are prone to be led away from the path of consistent reasoning by the press of circumstances which .\$3,00 common sense are the surest and most dependable agents.

realization by all concerned of their mutual dependence and common welfare.

Intelligent sympathy and confidence each in the other is to

The progress made by the South since the days of Henry Grady has been wonderful. The Negro group as a part of the South and has also progressed. And it is not to be forgotten that the progress of both has been so interwoven because of their interdependence in economic conditions that each as a vital part of their further co-operation and help.

THE STANDARD LIFE—AN INSTITUTION.

We have recently received from the Standard Life Insurance Company of Atlanta, a Year Book for 1921, which is filled with interesting facts concerning its establishment and growth.

Its foreword, contributed by Bishop I. B. Scott is fittingly worded and may easily form a basis for our future study of the launching of more "big business." Bishop Scott in this short sketch very aptly and truthfully states a great racial failing when he says 'In contemplating the difficulties that retard the organization of any big business it is well to recognize the following: first-our race group has not yet awakened to the wonderful possibilities by which we are surrounded.

Second-That comparatively few realize the marvelous power there is in cooperation.

Third—That we have launched very few enterprises that even border on big business and that it is not our poverty but our timidty that hinders us. We are afraid to get together."

These conditions do maintain to too great an extent but when one realizes that Heman Perry, after many sacrifices caused a small group of men among us to overcome them and make a Governor Dorsey indirectly mentions the Williams farm, where eleven Nereality of such a concern as the Standard Life, we feel that its existence guarantees a constantly increasing lessening of them. From the Year Book we find that the Standard Life Insur-

ance Company in 1920 had \$19,864,650 worth of insurance in to exhibit the fearnessness that alone is becoming in such matters." Says force, a premium income of \$786,615.56; death losses amounting Governor Dorsey in his indictment: to \$99,663.34; admitted assets of \$1,093,918.39 and a net reserve

School for Women and Girls, Hous- dard Life is now performing so creditably.

THE "FIGHTING FIFTEENTH."

wreath of popies donated by a post of the American Legion was will condemn such conditions and take steps necessary to correct them presented to the 15th Regiment of Negro National Guardsmen by General Nelson A. Miles and Consul General Gaston Liebert of France.

gathered around the meadow. Two of the most interested spec- Georgians and not from outsiders." tators were Colonel W. W. Haywood, the "father' of the regiment, who organized it, took it to France, where it won distinction, and then brought it back to the United States, and Col. William J. Sschieffelin, who succeeded Coloney Haywood. The present commander of the Fifteenth is Col. Arthur Little.

In presenting the colors General Miles recalled that the Fifteenth Regiment, then the 369th Infantry, lost 383 killed and to go before juries for leading or aiding mobs bent on private vengeance, who died that our living might be 246 wounded, but not a single prisoner nor an inch of ground. It received 184 individual decorations, and the regiment itself was decorated by the French Government.

Theirs was a wonderful record which fits well into the modern wonderful achievements may be traced from the days of Attucks us and gave to us a heritage of on Boston Commons through all of the American wars.

We should ever be proud of this record. The honor paid the "Fighting 15th" was well bestowed. And what has applied to this regiment applies no less to those other thousands of black boys who in the late war, in whatever capacity their country

Wars have not been yet made impossible of occurrence in

And, whatever may come, it should be our joy to realize that throughout American history there has been recorded no

May it ever be so. America first: ourselves next. But in this connection we may also well remember that cou-

As the time for the meeting of the various grand sessisons of our various frate nities draws near we call attention to the fact that the Express reports all of them in full. It is the only newspaper in Texas whose news account of them are as full as deliver him from a condition watch their minutes. A reporter will cover them again this year. Help he by a little effort can escape. God him. Don't keep him from getting the news for the thousands who need it.

> What is the Business League of Dallas doing toward preparing for the meeting of the State body in July? Dallas has a rep-

> The best possible proofs of good citizenship are thrift and obedience to law. A steady worker is always to be preferred to an idler. Let us uncourage the boys to stay busy.

> Attractive homes are a joy to their owners and a credit to the city in which they are. We need more of them.

> This time probably there will be a real investigation.

We should all take much pride from the honor conferred upon Roland Hayes tenor, by the king of England



NEGROES; WHY ARE THEY BLACK!

We answered that question on May 14 and 15, not with any dogmatic whom his lot is cast, with whom he is indissolubly connected, and pronunciamento of our personal opinion on the subject, but with an honest whose prosperity depends upon their possessing his intelligent symposium of the varied views of this mooted question entertained at diffsympathy and confidence. Faith has been kept with him in spite of calumnious assertions to the contrary by those who assume to solve. We pass!"

In reference to this remark we now receive the following communica-

There is no mystery in the phenomenon of variation of coloring, when it is viewed in the light of natural law. Briefly, the process is this; In any environment, those individuals survive which are best fitted to

In tropical countries, where the sun's rays are most intense, the blood vesels which lie nearest the skin must have protection; the effects of lack of protection would reach every part of the system. One of the characteristics of the blood is that it will provide for any part of the body the chemseem of greater importance than they really are. But after all it icals which are needed, and in this case the blood functions by depositing is worth while to realize that now even as then conscience and near the surface of the skin chemicals which will turn black, or dark, upon exposure to the sun-light, and will serve as protection from the sun's After all it is a situation which can be handled best by a full heat. It is common knowledge that when the blood requires certain chemicals, the individual will experience a craving for foods containing the required chemcal, so that, while it might be claimed that pigmentation is governed by diet, we can not avoid the conclusion that the sun's rays debe hoped for. A full measure of these qualities, though slowly termine the diet, to a certain extent, causing the blood to deposit certain Any erroneous reflection upon the character, standing or reputation of the South and America as well, a thing of beauty and a may appear in the columns of The Dallas Express will be gladly corrected upon its berns brought to the attention of the publishers.

Any erroneous reflection upon the character, standing or reputation of the schemicals, and a consequent variation in det to correct the shortage of the chemicals, and a consequent variation in det to correct the shortage. Those individuals will survive, and propagate their kind, whose blood is most efficient and full contribution by all concerned toward the common weal.

The progress made by the South since the days of Henry the fittest, which, while it may be poor ethics, is a natural law, in operthe fittest, which, while it may be poor ethics, is a natural law, in oper-

ation wherever there is life. The fact that individuals having totally different colorings are found in close proximity to each other, or even in the same community, is not contradiction of the claim that climate determines pigmentation. We have the other might well think primarily in terms of another fifty in Philadelphia people of many different colors. Is this proof that climate year stretch filled more fully with conscientious effort toward has no effect? Of course not; these people all emigrated here from many places, each with a different climate. Before they came, this climate had produced a race of uniform coloring, the well-known copper-colored or ed men. Migration has been going on since we first made our appearance on this globe; consequently it is necessary to consider, not only the present abode of our grup, but also its previous home, and perhaps several preious homes, when seeking an explanation of its color.

The case cited, of the transplanting of black skin upon a white indiridual, and vice versa, is proof positive of the fact that the Negro is a escendent of a long line of pien whose blood has been required to furnish dark pigment for the skin; the Caucasian's blood is not so adapted, conequently, in the tearing down and building up the tissue of the grafted kin, it simply fails to provide the pigment,

Where is the mystery?

Yours truly, D. F. A. MASON. -Philadelphia Inquirer

GEORGIA DECLARES WAR ON PEONAGE.

Further Revelations of Peonage in Georgia, together with numerous instances of Negroes lynched, driven out of the country, or subjected to cruel treatment within the past two years, are furnished by the Governor of the State in a pamphlet entitled "The Negro in Georgia." In the booklet groes have been mistreated by whites. In the opinion of the Macon Telegrap, "the Governor has taken a proper and aggressive stand against lawessness in Georgia; it is now up to the officials of the various countless

"In some counties the Negro is being driven out as though he were : ACRNOWLEDGEMENT.

The Dallas Express takes this means of acknowledging receipt of invitations to the Closing exercises.

The Mations Type Dallas Express takes this for Howard University, Taskegee Institute, Texas College, Gaudalupe College, Western University, The National Training School for Women and Girls House.

ACRNOWLEDGEMENT.

Its growth since 1913 has been truly remarkable. One is more able to realize its place among us when he thinks in terms of the scores of agents and workmen who support themselves and their families comfortably because of its existence.

Its growth since 1913 has been truly remarkable. One is more able to realize its place among us when he thinks in terms of the scores of agents and workmen who support themselves and their families comfortably because of its existence.

If the conditions indicated by these charges should continue, both the scores of agents and workmen who support themselves of the scores of agents and workmen who support themselves of the scores of agents and workmen who support themselves of the scores of agents and workmen who support themselves of the scores of agents and workmen who support themselves of the scores of agents and workmen who support themselves of the scores of agents and workmen who support themselves of the scores of agents and workmen who support themselves of the scores of agents and workmen who support themselves of the scores of agents and workmen who support themselves of the scores of agents and workmen who support themselves of the scores of agents and workmen who support themselves of the scores of agents and workmen who support themselves of the scores of agents and workmen who support themselves of the scores of agents and workmen who support themselves of the scores of agents and workmen who support work are against white work of the scores of agen wild beast; in others he is being held as a slave. In other counties no

"The charges came to me unsolicited. I have withheld the names of ounties and individuals because I do not desire to give harmful publicity to these counties, where the outrages are said to have occurred, the better element regert them. I believe that the better element in those coun-A few days ago in New York City a regimental flag and ties and in the whole State, who constitute the majority of our people when they see and realize the staggering total of such cases, which, while seemingly confined to a small minority of our countles, yet bring disgrace and obloquy upon our State as a whole and upon the entire Southern peo The ceremonies were witnessed by nearly 10,000 people who ple. The investigation and the suggestion of a remedy should come from

In the past, notes from Ashville (N. C.) Citizen, "the difficult of appre hending mob members has encouraged the barbaric custom of burning or hanging Negroes without trial by juty." Georgia, which, according to the 1920 census, has a population of 1,689,114 whites and 1,206,365 Negroes. has been responsible for a larger number of lynchings than any other State, we are told. "But when the leading lights of a community are forced these depredations against the law will in time lose much of their glamor, believes The Citizen. As an example of "Georgia justice," the Atlanta Journal points to "the expedition and orderliness with which the (Williams) 'Death Parm' murder case was carried from indictment to a verdict (of section of the history of Negro American fighters. Always they guilt) within more than a fortnight." In order to stamp out pechage in have distinguished themselves in battle. An unbroken line of Georgia, and secure justice for the Negro, Governor Dorsey makes these recommendations:-Literary Digest-

GOURDIN OF HARVARD.

One of the few great, if not the greatest, college athletes of the year the versatile Colored Harvard College athlete Gourdin. In the Massachusetts Institute of Technology-Harvard meet of three weeks ago the dusky track man practically cinched the victory for the Crimson by his performances. On last Saturday he repeated his great feat by winning two firsts and being placed second in a third event. In each dual meet in which America's greatest institution has engages this year Gourdin has been the greatest scorer for his team. He has more than justified the cowardly act nor traitorious occurrence among us to cause us stand Harvard has taken this year as always before in refusing to compete with a rival institution that sought to draw the color line. Nearly a huntdred years ago Molineaux, the greatest heavyweight pugilist of his day rage, bravery, co-operation and discipline of ourselves are traits taught the manly art of self-defence to Harvard students. For a quarter best indications that our home of character as well worthy of cultivation in times of peace as in is being perfected to the extent war and that in proportion as we employ them in our own be- themselves and their college with glory. "Bill" Lewis in football, "Bony" that the press of economic circum- half, is just such proportion are we helping to win our peace time Marshall, "Matty" Matthews, "Ted" Cable and A. L. Jackson, and now Gourdin, have been high lights in each successive generation of Harvard men during that time. Colored athletes have been high lights in the athletic history of other great Northern Institutions, like Pearson at Cornell, John B Taylor at Pennsylvania, Caldwell at Washburn College, Howard Drew at Drake University and Johnson at Columbia, but not in such splendid numbers as at Harvard, because Harvard has encouraged ambitious black There is a large Texas Society in for boys, is a reader of the Expressyouths as it has encouraged ambitious white youths and because Harvard Los Angeles, of which Mr. James He took 20 of the boys out to River
has youchsafed to each an absolutely equal opportunity.

Stee, California, last week. This is has vouchsafed to each an absolutely equal opportunity.

Such would be the result in the broad field of American life if Colored citizens were given an equal opportunity. They would not only achieve nore for their personal and racial progress, but they would add in even arger measures to the prestige and glory of America. The degrading big- las Express. ctry which keeps Colored athletes from professional baseball and sports, the color line which estops black boxers in prize fighting and then runs the gamut of the nation's industrial life, not only hurts the black race, but tonio, lowers the morale of the American people and makes a mockery of the Austin, Marshall, Eagle Pass, Bryan, American Republic.

American Republic.

The nation may well take its lesson from Fair Old Harvard.

-New York News.

Last week in a Police Court of Washington, D. C., an at-It would seem that the Haitians were a little more in earn-est than some gave them credit for being. They are back again. at him. Disc gard of the sanctity of court rooms seems now the ule rather than the exception.

> Did you know that Texas led all Southern states in its ap- four territories of the United States, propriation for Negro education?



DALLAS EXPRESS CORNER

THE SPEAKING VOICE

IS YOURS IN TUNE OR OUT?

By MARY E. BAYLEY

The voice is a most wonderful thing, just like some musical instrument which is in tune or out of it. in what does a clear and beautiful mode of speaking consist? I would place modulation at the very tope a voice always under control, one that will never be irritating to the With this there are characteristics of speaking which can not be acquired all at once, but they should always be kept in mind as a goal.

For the cultivation of a pleasing voice there are three easen(labs.)
Good teeth, a non-constricted, clear and open, throat, masal cavities free The marches of the throat should be allowed freedom of action—that is, they should not be constricted by high or tight collars—and there should be no obstruction such as excessively enlarged tonsils.

In perfect speech the principal sounds issue from the mouth, but they must be strengthened by the resonance of the nasal cavities. This resonance can not be properly given if there in the nasal passages any interference, such as adenoid growth of the provider with they must be strengthened by the resonance of the nasal cavities. This resonance can not be properly given if there in the nasal passages any interference, such as adenoid growth of the provider with they must be strengthened by the resonance of the nasal cavities. This resonance can not be properly given if there is step toward controlling the which produces the voice—the brenth. The why of a Squeaky Voice With the hungs surchaged it is impossible to speak with a natural and easy utterance; with an inaufficient breath supply the tone may be thin, teeble or shrill.

To he assured that correct placement of the voice is accomplished by control of respiration, you have only to notice the singer who has developed the proposition of the voice is accomplished by control of respiration, you have only to notice the singer who has developed the proposition of the voice is accomplished by control of respiration, you have only to notice the singer who has developed the proposition of the control tha

they oreathe deeping. The innatation supplies the necessary air to put the instrument into action. It is the motive power, so to speak. The exhalation is the power which makes the voice cords vibrate, thus producing

tive power, so to speak. The exhalation is the power which makes to in he from the worder cards vibrate, thus producing the voice cards vibrate, thus producing the reach of the sugar that the product of the sugar that the producing from the bottom of the chest instead of from the top.

In order to acquire the habit, devoice several minutes night and morning to deep, conscious breathing. The most propitious time is just before going to sleep and before getting up in the morning. When Iying on the bottom of the chest. Now, if a few minutes are given twice daily to deep, conscious breathing in this position file habit will become established. Take long deep breaths, exhaling slowly, paying particular attention to expanding the chest walls, itreathing from the diaphagm should also be practiced while standing erect, body well poised, head thrown slightly back in this position fill the lungs sometimes explosively and sometimes slowly and steadily. If this is done regularly, little by little the lungs will distent you will unconsciously in crease the length of the inspiration and the slowness with which that is expelled.

Mend Hippinx Poems.

Medulation is something that every woman by the proper effort can command for herself, At first when speaking it may be necessary to make a conscious effort until the habit gradually establishes facelf. Smooth, ripping poems, repeated in the rightione, either from memory or as reading exercise, will aid not only in acquiring effective modulation, but in beautifying the notes.

AUNT PAT'S FORUM.

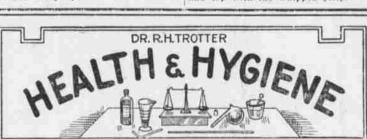
DOLLY DIMPLE.

Dear Delly:
"Polly Dimples," I think it would be foolish for you to go with boys against your parents' wishes. Personally I think you are old enough to have boy friends, but you would probably make yourself more unhappy if you disabeyed your folks. Why don't you try to talk with them about it, and show them that you are old enough to go out with beys sometimes You would be far more likely to get your own way than by disre-

Currant Sillibub.

Currant Sillibub

1 shass currant felly
1-2 cup thick sweet cream.
3 egg-whites
6 tablestoons sugar
1 teaspoon vanilla.
Place the ergs and currant felly on ice until chilled. Reat up the whites of the eggs until quite stiff; then carefully fold in the currant felly and four tablespoons of the sugar.
This should be stiff enough to stand up nicely. Fill into glasses, an top with the cream whipped stiff, flavored and sweetened with the remainder of the sugar.



CHRONIC CATARRHAL GASTRITIS.

Smetimes Called Chronic Catarrh of the stomach, Chronic Indigestion and Chronic Dyspepsia.

This is a chronic catarrhal inflamation of the gastric mucous membranes (inner lining of the stomach) producing symptoms of various degrees of intensity and seriousness, but more or less retaining the characteristic symptoms of various derangements which ovident that the factors or agents which produce acute gastritis will, if long continued, assume a chronic state. The rauses of chronic gastritis may be summed up as follows: errors in died, its variety and preparation, the habit of eating at irregular intervals or undue haste in eating, thus not allowing time for the perfect mastication of food. The free use of ice water, ice tea and corfee during meals play an important part in the causation of mortant part in the causation

LETTERS FROM READERS.

Needs The Express.

Dallas Express is the best race paper lover of boys, and president of the published in the State of Texas. Booker T. Club, an exclusive club the large number of people here about 60 miles from this city. from Texas and this excellent society, there should be more than 1,000 sub- CCLORED WOMEN TO HOLD CONscribers in this county for the Dal-

It contains news from the follow-ing Cities and Towns: Dallas, Fort Children's Home in June, ng Cities and Towns: Dallas, Fort Worth, Galveston, Houston, San An-Wacc, Texarkana. El Paso, estine, Temple, Terrell, Tyler, Denison, Beaumont, Longview, Victoria Frownwood, Brownsville, Gainesville, Greenville, Prazoria, Hempstead, Graham, Liberty Hill, Honderson, and others to numerous to mention. Peonage Case in Georgia, than the papers of that State. It publishes the news of the 474 remaining states and and all other countries in so far as

they are of interest to the Negro-

Mr. Isaac Hatley says, he must Says Los Angeles County California read the Express because he must read of Waco. Mr. Frank A. John-son and Mr. George Barrett are read-Pasadena, Calirornia, June 2, 1921. ers of the Express. Mr. W. J. Thom Pasadena in the far west where as, formerly of Dallas, is also an many people from the Lone Star comirer of the Express, Mr. Joe are aving, and who says the Hairis, formerly of Dailas, Texas, a

Halisax, N. S. Canada
Extensive preparations are being made for the Nova Scotia Colored wom on's second annual congress and the opening of the Nova Scotia Home for Colored Children. Preston Road, next month, Large delegations of Colored women from Truro, Amberst, New Glasgow, Windsor Plains, Harmonds Plains and other piaces are expected and there will be large attendances of Halicax and Dartmouth women at the congress. The convention is being held under the auspices of the African Baptist Association and the Methodist and Baptist Colored churches of Halifax County will be represented. An invitation has been received from the Victoria Road Baptical County (Continued on 1985) Halifax, N. S. Canada

(Continued on page 7.)